

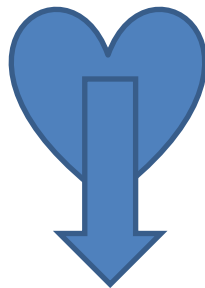
Activating Empathy for Sustainable Justice & Peace

Refuse to demonize “the other.”



Empathy

Reach out across boundaries.

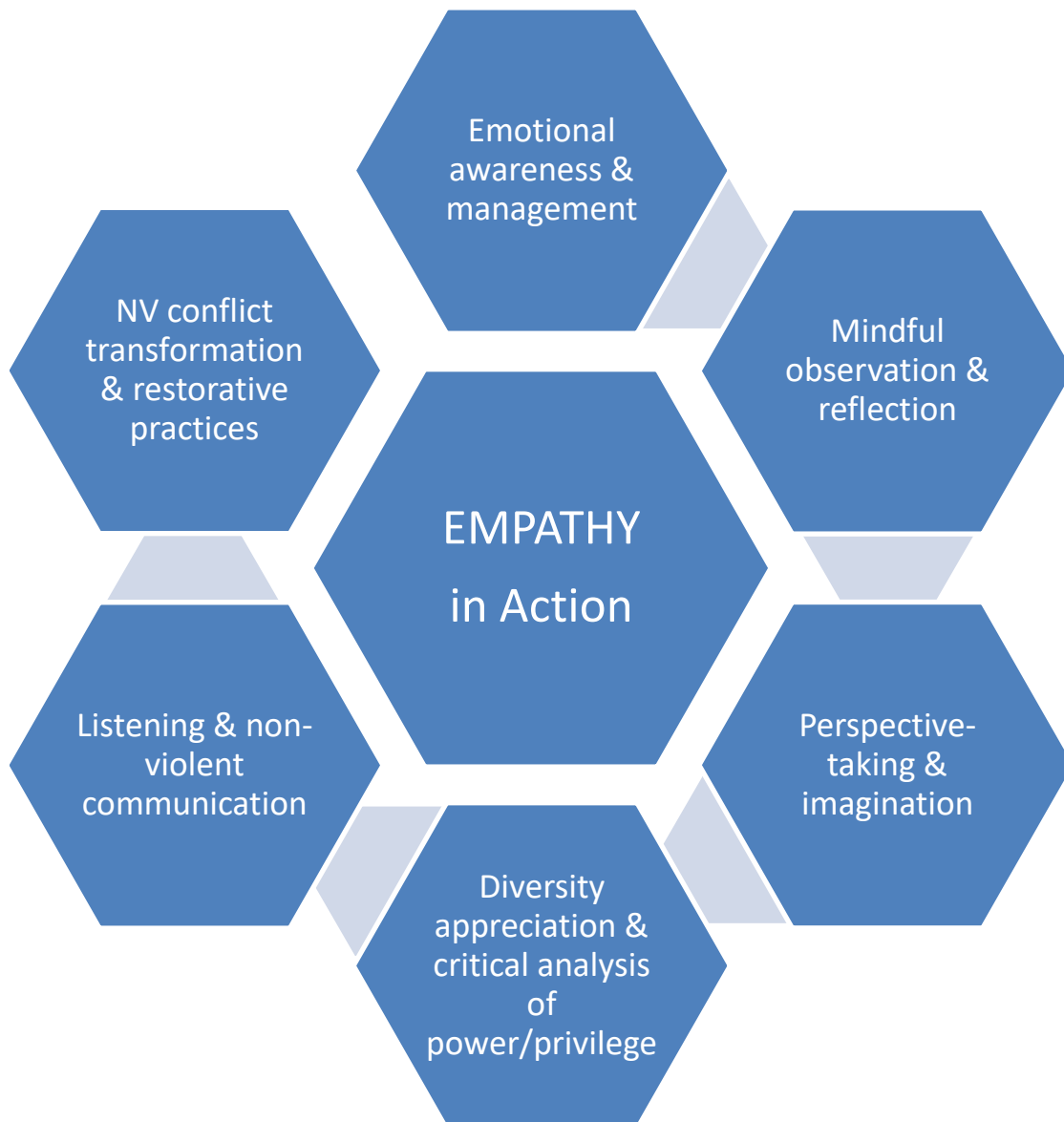


Build community.

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Recommended resource: clearinghouse of empathy research www.cultureofempathy.com

Empathy Skills



- **Educational programs (SEL, mindfulness, RP, civics)**
 - **Social movements & activism**
 - **Psychological & spiritual approaches**